

The Beau-Rivage Palace inaugurates its new Spa.

The Beau-Rivage Palace's new CINQ MONDES SPA is magically hidden within an oasis of greenery. You're invited to enter a cocoon of calm and serenity that casts a spell on the body and mind.

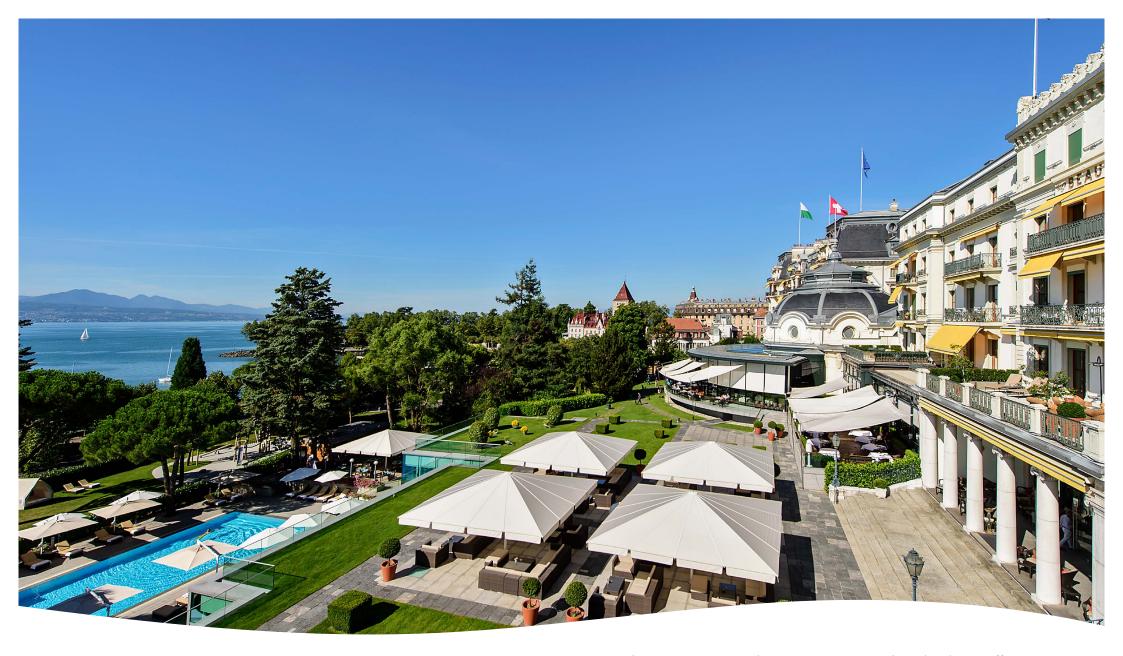
Discover a state-of-the-art aesthetic and architectural focus in our reimagined space. Marvel at a patio sculpted like an artistic masterpiece, beckoning guests to delight in extraordinary sensual experiences.

This architectural project was the vision of Alexandre Pierart (Suprem Architectures) who conceived it as a journey – a journey rich in discoveries, physical sensations and visual emotions. Novel features further enhance a sybaritic setting. A suite for two infused with pure elegance. A calming relaxation room. A yoga and meditation studio that can host group sessions.

The new CINQ MONDES SPA at the Beau-Rivage Palace is the cornerstone of the "Wellness Experience" philosophy imagined by Nathalie Seiler-Hayez, General Manager of the Beau-Rivage Palace, a philosophy whose universal essence will echo throughout the hotel in the of spring 2021.

"This Spa has been imagined as journey, rich in discoveries, physical sensations and visual emotions, an invitation to a sensory realm. Guests discover a series of relaxing, mystical spaces designed to spark the imagination. It's an intimate, all-embracing space, with organic features. Gentle curves, natural materials — stone, oak, gold, water — highlighted by warm, subdued lighting. This journey is interspersed with architectural surprises, inspired by art and nature. A poetic vision of space, of materials and of light that stimulates contemplation, unwinding and re-energizing."

ALEXANDRE PIERART, Architect



For almost 160 years, the Beau-Rivage Palace has been offering its guests the utmost in wellness. Magnificent architecture inside and out, seasoned and enriched by time. A prime location with a breathtaking panorama of lake and mountains. Calm... peace... pure air... mild climate... subtle hues... total wellness.





A journey from day to night... from masculine to feminine... from cool to warm... from outdoors to indoors. Welcome to the exquisite transformation of the Beau-Rivage Palace's CINQ MONDES SPA achieved by Suprem Architectures. Enter a new realm:

THE FIVE ELEMENTS

The SPA's organic forms represent nature in abstract. The architect worked with the already-existing structure, infusing its form with soul and shapes, virtually sculpting it, inviting the five elements to merge. First of all, wood. Clear oak, sporadically brushed, sporadically etched, brought to life through its curvaceous, streamlined profiles. Next, gold and bronze: reworked too, to add warmth and mystery. And stone, forever gifting the ground with softness and clarity, as only travertine marble can.

Next is light, considered as a tangible material, brightening the environment just as a fire warms us. Often diffuse and scattered, it embraces and protects. Occasionally sculpted, it seduces, it fascinates. And, finally, water, the vital element of life itself, the ultimate raison d'être of a Spa. Water in all its states, sparkling in the in the shimmering pools... musical on the forged-metal fountain... solid and frozen in the ice fountain... warm and misty in the hammams and saunas.

IMMERSE YOURSELF IN A MYSTERIOUS, ABSTRACT WORLD

From the moment you enter, surprises dispel everyday cares and only the here and now matter. A luminous, golden trapezoid sets the tone and entices you to follow sculpted walls, like a path into the unknown. This walk-through twilight is a meditative stroll setting the mind free and leading to the light.

INTERLUDE SPACES

The *boulevard* that borders the pool and leads out onto the patio and treatment rooms becomes a real place. It unifies, linking the outdoor collective spaces with the indoor treatment areas. It portrays the pool as a theatre. And beyond, the garden, the lake, the mountains, remain as a reassuring reminder of where you are and that you are cosseted and warm. This *boulevard*, with its clear travertine floor, its wavy oak-sculpted walls, its dazzling gold ornamentation, becomes a place in its own right, an all-embracing, luxurious universe where you experience the true feeling of wellness.

PATIO

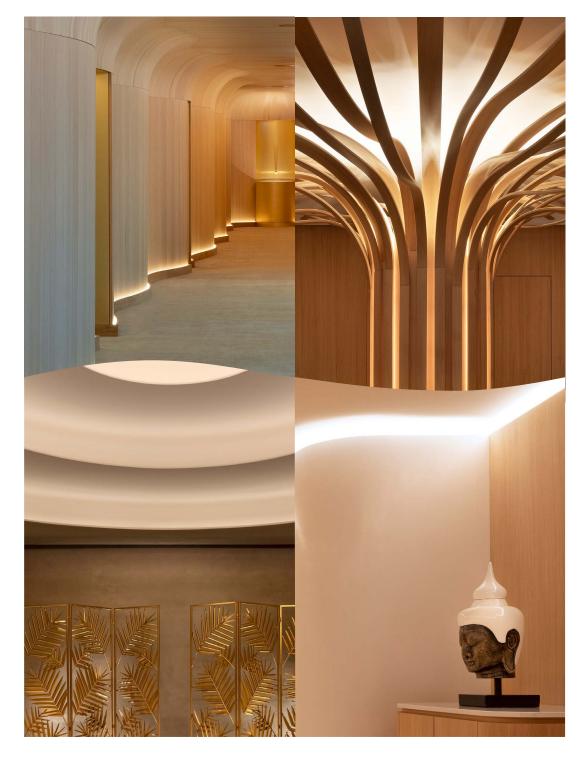
The highlight of the journey is a patio featuring a mysterious tree, its undulating light breathing softly, energizing those who pass beneath its branches. This tree of life diffuses a spiritual dimension. (Lighting created by Alexandre Pierart in partnership with Antoine Cuvelier from Pixalto, lighting designer).

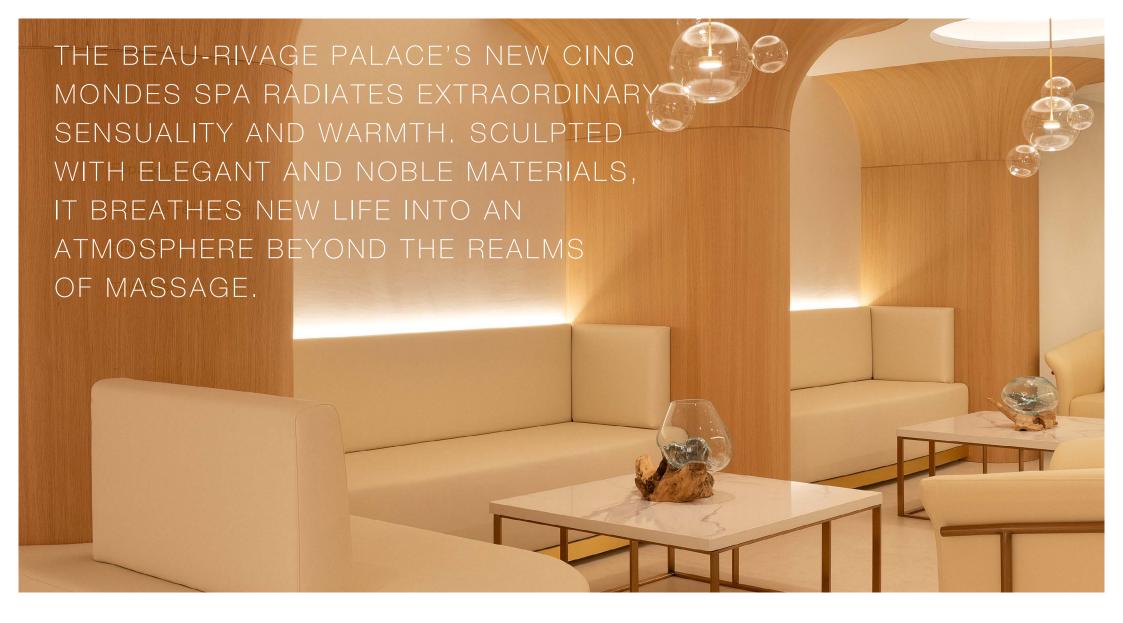
UNWINDING

The relaxation room, an enchanting bronze cocoon, invites you to unwind. The ceiling's three luminous concentric discs evoke the light of the borealis, inspired by the work of artist James Turrell.

LEVITATION

The yoga and meditation room, with its ever-so sensual curvy forms, has the gift of transformation. Diffuse lighting from above and below creates an impression of floating through sky, enabling the space, as necessary, to be transformed into tranquillity or activity.

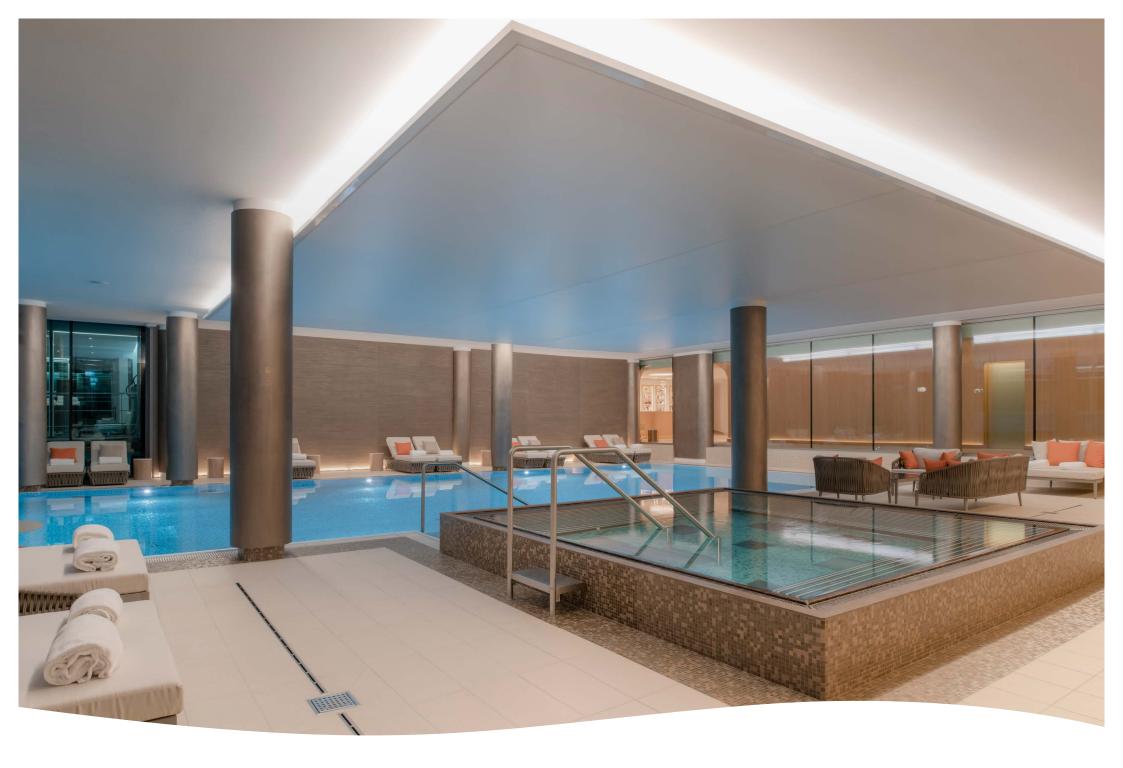


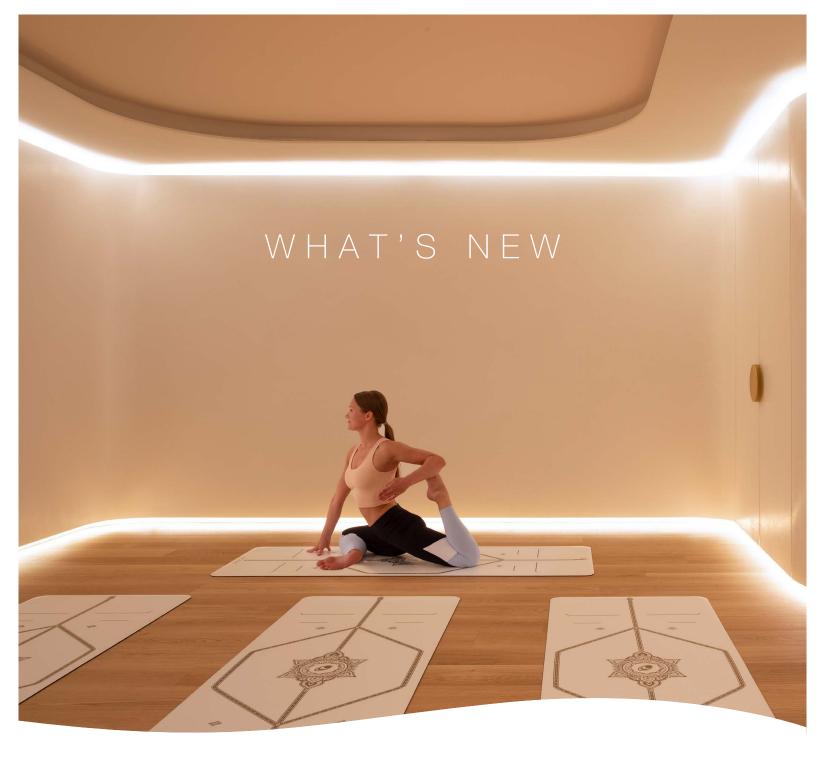


CRAFTSMANSHIP & ENVIRONMENT

The Spa was created exclusively by Swiss craftspeople from the Cantons of Jura and Vaud, and from Geneva. This 100% homegrown approach, calling on talents from Lausanne to Montreux, from Geneva to Morges,

is part of the Beau-Rivage Palace's desire to offer its guests an authentic and eco-friendly wellness space. In line with this approach, the Beau-Rivage Palace's CINQ MONDES SPA has totally eliminated the use of paper.





YOGA & MEDITATION STUDIO

The new yoga and meditation room hosts daily individual and group classes.

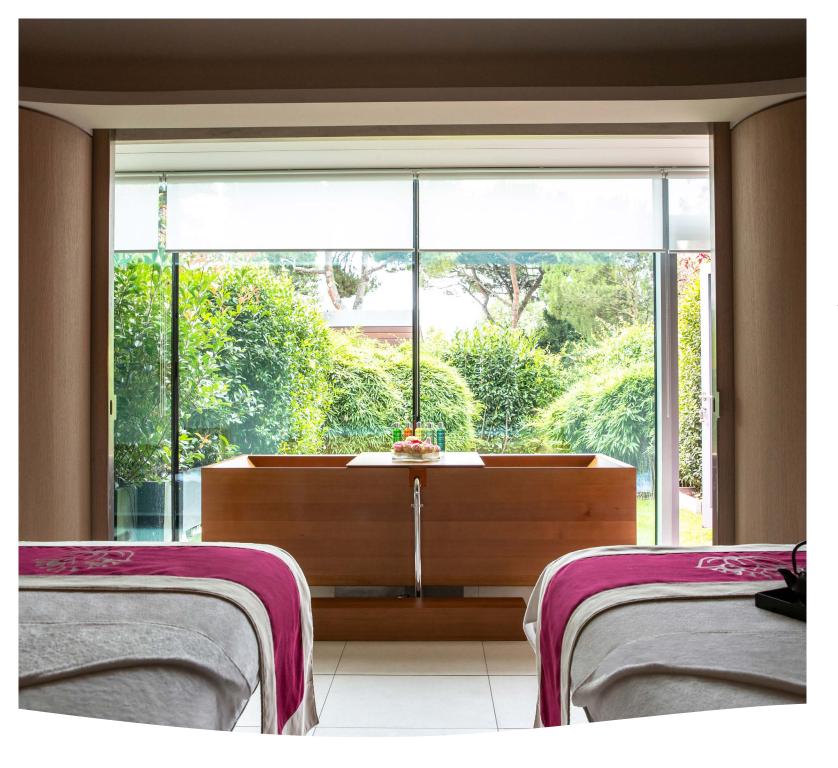
NATUROPATHY

As an introduction to the Beau-Rivage Palace's "Wellness Experience" philosophy, the CINQ MONDES SPA offers consultations focusing on Naturopathy, a natural health practice designed to optimize an individual's vital energy. The naturopath seeks the root of im-balances and offers a reborn lifestyle that reharmonizes the body. Irrespective of the person's health status, Naturopathy is used to promote balance in all aspects of daily life.

Dimitra Kontoyannatos is the Beau-Rivage Palace's experienced naturopath who offers an introduction to Naturopathy by stressing three key areas: diet, physical activity and mental and emotional management.

Vitality assessment: 1h30





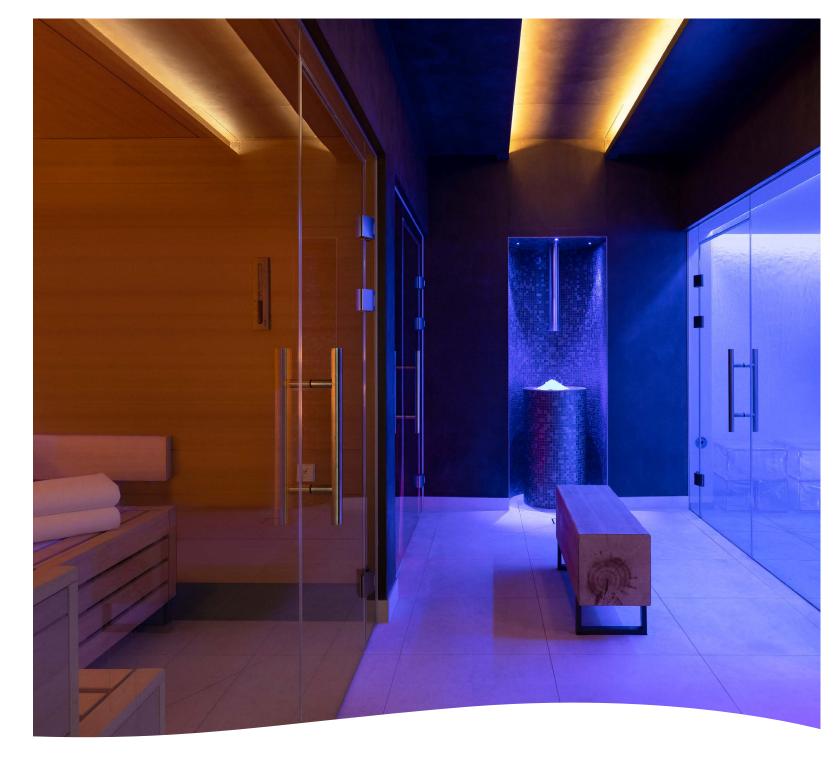
FELICITEE SUITE FOR TWO

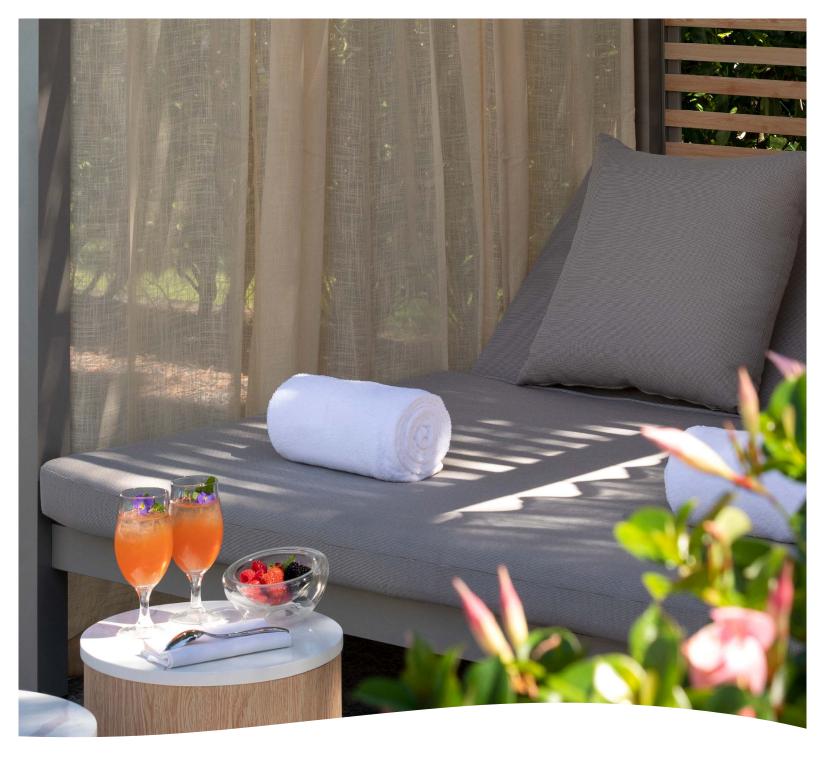
This exceptional double suite is a blissfully comfortable round room boasting two exfoliation beds that delicately warm the lower back, a sliding door that opens onto a Japanese onsen for two which, in turn, opens into a private garden. The welcome ceremony in the form of a floral foot bath, and the hammam discreetly-incorporated in the room, invite guests to delight in an intensely relaxing interlude.

The *Felicitee* suite for Two may be privatized to fully enjoy its facilities with total peace of mind.

WET AREAS

Wet areas comprising saunas and hammams have been totally redesigned and now include an experience shower. In this space, the hot-cold contrast reigns supreme with the creation of an ice cellar and ice fountain.





COTTAGES

A reservable, private area, available poolside and in the 4-hectare (10-acre) park.

MUSICALLY-AUGMENTED IMMERSIVE MASSAGE

We have called upon Music to create an incomparable, one-of-a-kind, interactive massage ritual that is unique to the Beau-Rivage Palace.

A massage table like any other... or almost. The Spa-therapist's hands set to work. The music inspires the Spa-therapist to become the orchestra conductor so that hands, sounds and rhythm are in perfect synchronization. They discover tenseness in the body, identify a pressure point, then move andante or largo.

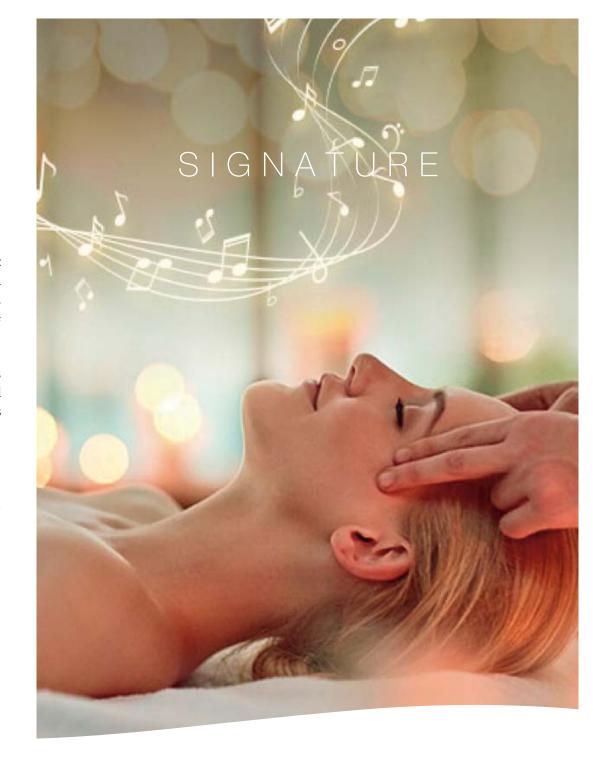
Musical and mineral notes... waves receding, surf crashing, horses galloping: the vibrations penetrate the body and become part of an integral treatment that flows from the therapist's fingers. Each movement echoes feeling. Silence and musical vibrations dwell within.

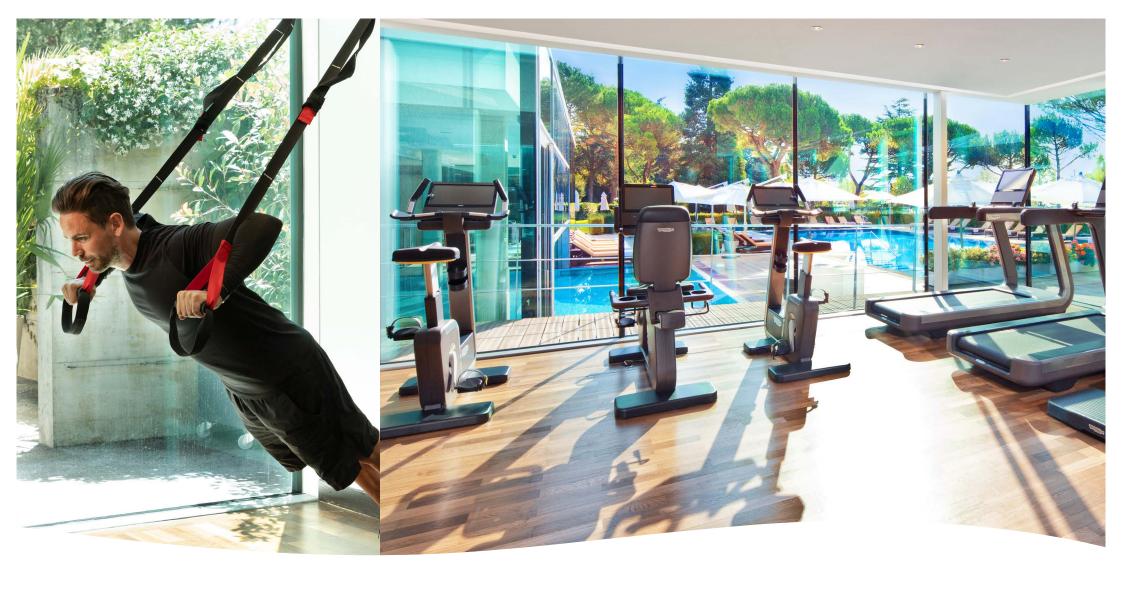
The fire crackles when the stomach is stimulated, and aids digestion. The rain disperses energy over the legs.

The surf and waves transmit stretching and smoothing throughout the body. The storm and the rain-shower on the back symbolically cleanse emotions.

Musically Augmented Immersive Massages are available in two rituals:

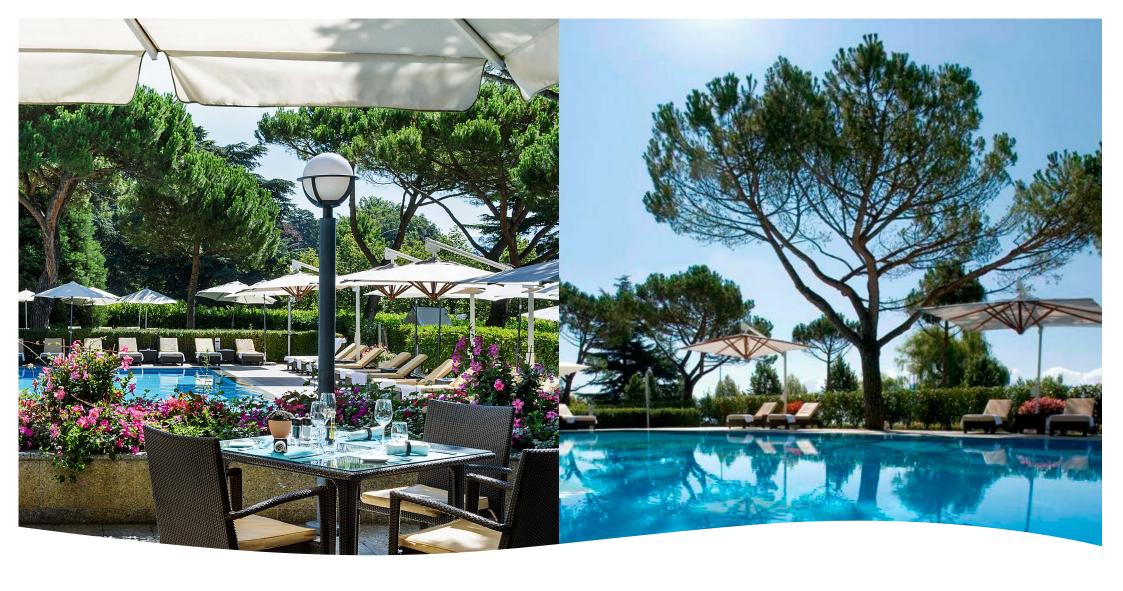
- The slow, relaxing Oriental Immersive Ritual
- The spirited, regenerating Ayurvedic Immersive Ritual





COACHING

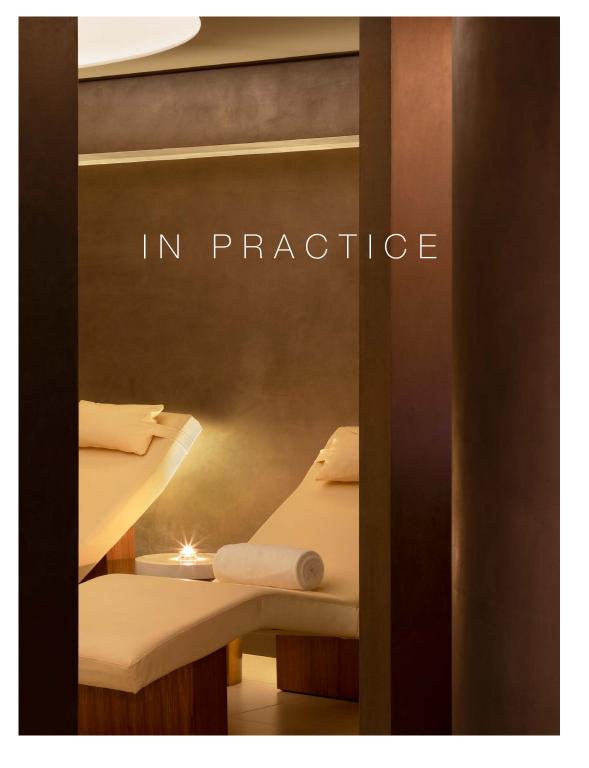
JP 360 Transformation – Jérémy Peltier – is Beau-Rivage Palace's CINQ MONDES SPA'S partner for initiating sports experiences in the Spa. He offers an entirely-reinvented group class schedule: Bodyboost, Bodyshape, Core Training, Body & Mind, Flow Yoga, Ashtanga Flow Yoga, Vinyasa Flow Yoga.



Ô TERRASSE

The Spa's summer restaurant invites you to a gourmet break beneath the pines. Enjoy a relaxing poolside interlude as you admire the vista of the lake.

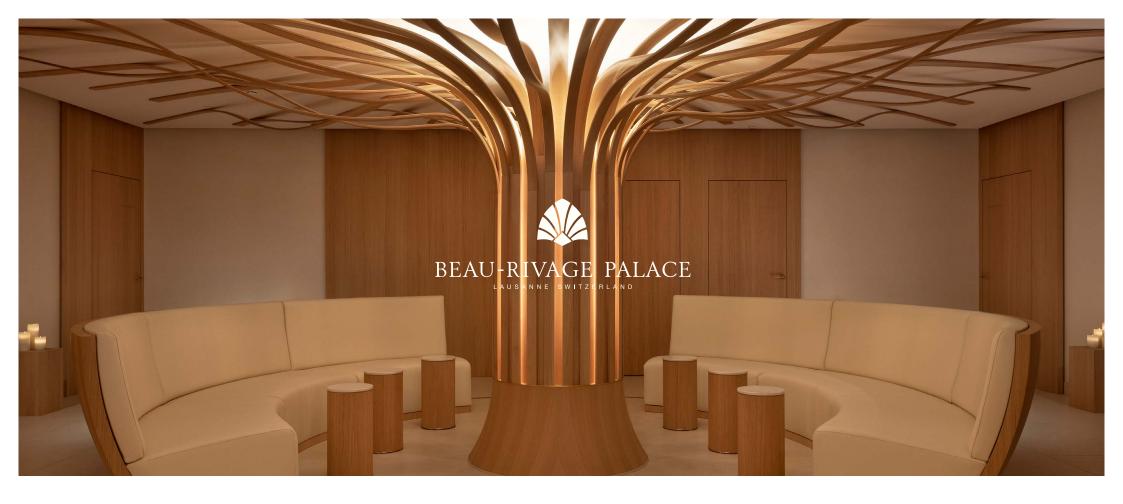
A Must-Discover: A selection of fresh and wellness dishes, green juices and health-enriching cocktails.



The Beau-Rivage Palace's 1,500 square-meter (16,000 square-foot) CINQ MONDES SPA comprises eight treatment rooms, including a suite for two, a relaxation space, two changing areas with hammam, sauna, ice cellar and ice fountain, the fitness centre with its vista over the lake, the yoga studio, two heated pools (indoor and outdoor) and a restaurant, all in a secluded oasis of greenery overlooking the lake.

CINQ MONDES offers a wide range of exceptional, authentic and ritual treatments inspired by the finest wellness traditions from around the world.

- Ritual breaks at CINQ MONDES (from 2 to 5 days): from CHF 580.00
- Wellness rituals and Spa treatments (body and facial): from CHF 340.00
- Massage rituals (body and facial): from CHF 95.00
- Facial treatment rituals: from CHF 95.00



PRESS CONTACT

Pauline Lioté p.liote@sandoz-hotels.ch T + 41 21 613 33 17

Beau-Rivage Palace Chemin du Beau-Rivage 21 1006 Lausanne www.brp.ch

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