

## Signature Program - Health Check-ups

Preserve your health- When science and medical expertise take care of your health and your wellbeing.

We offer a range of medical check-ups created to deliver a complete and personalised overview of your health status.

This screening allows detecting illnesses at an early stage, identifying risk factors and checking your lifestyle habits in order to preserve your future.

### **Our programs, a unique experience:**

#### Initial consultation

This first discussion with the specialist in internal medicine will enable to carry out a complete physical examination and a detailed anamnesis focused on identify risk factors and based on your medical and family history.

#### Analysis and further examinations

Laboratory analysis

Various blood and urine markers help reveal biological changes

#### Diagnostic imaging

Our last generation technical facilities allow examining the function of your organs.

#### Functional tests

These tests enable to evaluate the functioning of the cardiovascular and respiratory systems

#### Specialised consultations

According to your specific needs, some appointments with our specialists may be scheduled.

#### Final consultation

During this last consultation, our specialist in internal medicine will deliver your results, summarize your state of health and provide you with a full health plan to reduce your risk factors.

## Health check-up

Recommended from 35 years old

Medical consultation:

- Initial consultation: anamnesis and complete physical examination
- Final consultation: presentation of the first results, diagnosis and preventive medicine action plan
- Complete written report (forwarded by express mail within 3 weeks after the check-up)

Laboratory analyses over 20 markers including:

- Standard biological parameters
- Metabolic markers
- Markers of the cardio-vascular risk
- Tumour markers
- Hormonal measurements
- Urine analysis (sediment)

Diagnostic imaging:

- Abdominal and pelvic ultrasound
- Non injected CT scan (chest)

Health and balanced lunch

**Price : CHF 5'500.-**

## Health Plus check-up

Recommended from 45 years old

Medical consultation:

- Initial consultation: anamnesis and complete physical examination
- Final consultation: presentation of the first results, diagnosis and preventive medicine action plan
- Complete written report (forwarded by express mail within 3 weeks after the check-up)

Laboratory analyses over 30 markers including:

- Standard biological parameters
- Metabolic markers
- Markers of the cardio-vascular risk
- Tumour markers
- Hormonal measurements
- Urine analysis (sediment)

Diagnostic imaging:

- Abdominal and pelvic ultrasound
- Non injected CT- scan chest
- Coronary calcium scoring
- Angio-CT of the coronary arteries
- Angio-CT of the supra-aortic arteries
- Breast ultrasound examination/ Prostate ultrasound

Cardiology consultation

- Exercise ECG
- Resting ECG
- Heart ultrasound

Health and balanced lunch

**Price : CHF 10'500.-**

## Health Extra Plus check-up

Recommended from 50 years old

Medical consultation:

- Initial consultation: anamnesis and complete physical examination
- Final consultation: presentation of the first results, diagnosis and preventive medicine action plan
- Complete written report (forwarded by express mail within 3 weeks after the check-up)

Laboratory analyses over 40 markers including:

- Standard biological parameters
- Metabolic markers
- Markers of bone metabolism
- Markers of the cardio-vascular risk
- Tumor markers
- Hormonal measurements
- Vitamin dosages
- Urine analysis (sediment, total proteins, micro-albumin)

Diagnostic imaging:

- MRI (Brain,)
- Abdominal and pelvic ultrasound
- Non injected CT- scan ( chest)
- Coronary calcium scoring
- Angio-CT of the coronary arteries
- Angio-CT of the supra-aortic arteries
- Bone mineral density and body composition measurement
- Breast ultrasound examination / Prostate ultrasound

Cardiology consultation

- Exercise ECG
- Resting ECG
- Heart ultrasound

Ophthalmological consultation

- Eye test
- Test for glaucoma

Dermatological consultation. Skin screening

- Skin analysis
- Beauty spots screening

Health and balanced lunch

**Price : CHF 13'500.-**